

"One more time!" said Katie Clemons coach. Katie knew that she meant like 3 more times, and she was right. "We have to be ready for Michigan next weekend." Said Maya Maine, the head coach for the MSU gymnastics team. Katie is a gymnast for Michigan State University, and she has a scholarship for gymnastics. "Alright practice is over now, go home!" "Finally," Emma said. Emma Fourth has been Katie's best friend since the 2nd grade, and now they both have scholarships for gymnastics! "Let's go get some food," said Katie.

After the 2 girls got food Katie went back to her dorm, showered and got to bed. The next morning Katie got up and went to her classes. On her way to practice she met up with Emma. After the warm ups Katie got to her new routine that she will be competing with against their rivalry, Michigan. As she was doing an aerial in her routine, she didn't land it and fell really bad on her right leg. As Katie got up she yelled "OUCH!!" "What happened?!" coach Maya said. "I didn't land the arial and fell on my leg!! It hurts really bad." Emma took Katie to the ER. "We are going to have to do Xrays to further inspect the damage to your right leg." Said the doctor. Emma and Katie both looked at each other with sad looks on their faces.

After the Xrays the doctor came back in. "We are sad to inform you but it looks like a pretty bad fracture in your Tibia, therefore you are going to need a cast." Katie with tears in her eyes said "how long until I can do gymnastics then?" "About 4-6 months depending on the healing process. Emma looked at Katie with tears in her eyes as well. The next day she went to practice to tell her other teammates and coach Maya. "How long?" Faith asked. "4-6 months." Katie said. "Aww I feel so bad, but I know you are going to come back better than ever!!" Coach Maya exclaimed. "Thanks guys." Katie said.

7 MONTHS LATER

It's a new season for gymnastics and Katie is more ready than ever! "Alright, welcome or welcome back gymnasts!" said coach Maya excitedly. The next day Katie and the team got working on their routines. "Emma you're on bars, Katie you're on beam, and Maddie you're on floor." Katie starts practicing a lot because she wants to get her routine so good to win. She continues to practice 6 days a week and goes to the gym as much as she can. 1 month later Michigan comes around and Katie is ready for them. At

the meet she feels a lot of pressure after coming back from such a big injury but she knows that she's got this! It's Katie's turn, she walks up to the beam. "LET'S GO KATIE!!!" all her teammates shout. Her routine is amazing!! The judges give her a 9.4!!! "YAY KATIE!!!" coach Maya and her teammates yell. Katie ends up winning on beam!!! Also to make everything better Emma got a 9.1 on bars and won on bars too!! Katie and Emma immediately run up to each other and give the best, biggest hug ever. "I'm so proud of you!" says Emma. "I'm even prouder!! If that's even a word" Katie responds. The two girls laugh and hug each other.

Katie goes on to graduate college with Emma and they both go D1 pro in gymnastics! "What's next?" Emma asked, "The Olympics." Katie said excitedly.